




PIPER'S ANGELS
FOUNDATION FOR CYSTIC FIBROSIS



PROGRAMS IMPACT REPORT

©



2023

YEAR IN REVIEW



In 2023, the programs of Piper's Angels Foundation grew exponentially with a 50% increase in program recipients and the addition of one new major program. Through the 306 Urgent Financial Assistance grants, Forever Stoke Scholarships, Unmasking Mindfulness students, Inspire Breathworks students, Peer to Peer connections, therapy participants, Community Impact Grants, Care Packages, and home air duct systems serviced, the cystic fibrosis community has expressed their sincerest gratitude for the empowerment that each of these programs has given them.

Inspire Breathworks and Unmasking Mindfulness received national recognition at the North American Cystic Fibrosis Conference where those programs' instructors spoke about the benefits that individuals with cystic fibrosis have experienced. Vertex Pharmaceuticals also awarded Piper's Angels Foundation with a \$10,000 grant specifically for the new Inspire Breathworks program to continue to bring its innovative value to the CF community.

Through the continued outreach and connections that Piper's Angels Foundation has cultivated, in 2023, the programs expanded international reach to an additional 6 countries and has developed the necessary international connections for greater access to the constellation of care that all people battling cystic fibrosis deserve.



Tatiana Tims, Travis Suit, Casey McCullough



The programs of Piper's Angels Foundation support and improve the lives of families in the cystic fibrosis community through grassroots advocacy and socially innovative programs, raising awareness through education, offering life-expanding activities, providing urgent financial support, and funding critical developments.

URGENT FINANCIAL ASSISTANCE

Cystic fibrosis can be incredibly difficult on many levels. Having financial stress can be overwhelming, especially while enduring the challenging treatments. We understand this need and are working to provide financial support to qualifying families to help carry them through these hard times.

FOREVER STROKE SCHOLARSHIPS

The purpose of our "Forever Stoke Scholarships" are to provide positive experiences in a natural healing salt environment, while also empowering the person with cystic fibrosis to develop skillsets that can become a lifelong gift.

UNMASKING MINDFULNESS

Unmasking Mindfulness is an 8-week meditation program that utilizes live online webinars, educational video content, and in person one-on-one instruction to provide a platform for coping tools in the CF community. Unmasking Mindfulness educates the CF community on how to practice mindfulness and meditation with a proven scientific based method.

PEER-TO-PEER

The "Peer To Peer" (P2P) program was established to unite and empower the cystic fibrosis community through dedicated mentorship to inspire authentic living. This includes addressing the evolving physical, financial, and socio-emotional needs of individuals personally impacted by CF to achieve a sustainable desired quality of life.

INSPIRE BREATHWORKS

Inspire Breathworks is a complementary, sustainable, holistic, and educational health solution to balance the body, mind, and emotions while improving overall well being of individuals with CF by increasing lung function. During this 6-week online program, students will learn to understand how to breathe properly and efficiently through live breath coaching sessions.

CARE PACKAGES

Thoughtful gifts and useful items are mailed as a personalized care package to CF Warriors during hospitalizations to provide them joy and care during these difficult times they endure.



Piper's Angels Foundation has created these initiatives by partnering with other businesses and organizations to provide additional types of support to the cystic fibrosis community that the current programs do not include which continue to benefit the health and wellbeing of CF families.

CLEAN AIR INITIATIVE

Stanley Steemer of South Florida and the Treasure Coast is offering free air cleaning home services to those with CF in south Florida (Fort Pierce to Miami). The air ducts are the lungs of the home, so indoor air cleaning specialist, Stanley Steemer is providing air duct cleaning services at no charge for families with CF to breathe clean & safe indoor air.

LIVING LEGACY OF LOVE

Breath is the essential life force that we all have in common and directly connects us with trees. The trees that will be planted in honor of our past, present and future CF family members and friends will be a Living Legacy creating a lasting positive impact. Piper's Angels Foundation has partnered with Arbor Day Foundation to make it possible to have trees planted in celebration of people with CF to help create a healthier planet, healthier lungs, and a Living Legacy Of Love!

CF COMMUNITY GRANTS

As a non-profit organization, we understand how crucial it is to receive grants and funding to support the programs and ultimately, the organization's mission and vision. CF Community Grants are awarded to other non-profit organizations within the cystic fibrosis community to help them provide the support from their programs that the CF community needs.

MEDICAL EQUIPMENT CONTRIBUTIONS

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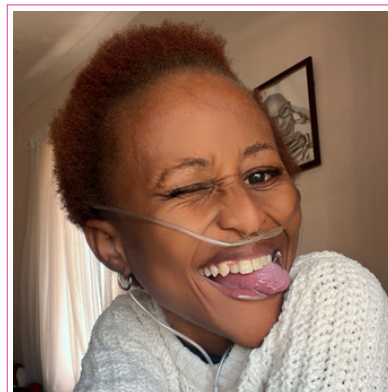
THERAPY & COUNSELING

Mental health is an important aspect of living with a chronic disease therefore we have partnered with a CF Licensed Clinical Social Worker Therapist to provide psychosocial therapy sessions to individuals affected by cystic fibrosis.



PROGRAM RECIPIENTS = 306

Urgent Financial Assistance	159
Forever Stoke Scholarship	17
Unmasking Mindfulness	11
Peer to Peer	83
Inspire Breathworks	17
Care Packages	7
Clean Air Initiative	6
CF Community Grant	2
Therapy & Counseling	4
TOTAL:	306





JALISA ROUNTREE (MOTHER OF EMMBERLYN)

Thank y'all sooo much. Without you guys I wouldn't have a place and I thank you all so much for everything. Truly, you are angels. Not once did you question me about anything or look down on me. You really blessed my family and I'm forever grateful.



TYLER ENGLE

The Unmasking Mindfulness program was a huge benefit for me and couldn't have come at a better time. I had a lot of things going on when I started the program and after just a few sessions I began to look forward to our weekly meetings and my daily meditations which were a huge help with daily stress. Matt Cardone was an amazing instructor and super easy to talk to so it made the program that much more enjoyable.



ADEM RIAHI

I am really happy to share with you I had a great time and learned important lessons to breathe well and I also made great friends. I hope that the Inspire Breathworks program will be repeated again because it is really a useful and wonderful program. Thank you very much.





JESSICA FRANKLIN

When you think about CF in the 1990's, you automatically picture lungs. In 2023, I automatically envision my brain. Growing up with CF, you learn to maintain physical health with your physicians. As I participated in Unmasking Mindfulness, I saw small changes that greatly impacted my daily life. Having an accessible program like this is invaluable to the CF community. I would highly recommend this program because you get to meet other CFer's going through similar situations, learn a new skill, and observe your own self-growth over time.



MONICA CHAMBERS (MOTHER OF LANGSTON)

Piper's Angels Foundation really are angels. My son was diagnosed with CF at 3mos and it was a rollercoaster from the start. We had no idea that we were even carriers. On two occasions, when we had to take off from work for hospital stays, they were so helpful in offsetting the costs of missing work and having to manage our household expenses. They are truly a godsend and I'm so thankful for this Foundation that helped us be present and available to care for our son when he needed our undivided attention!



CLARISSA MORENCY (CF CLINIC PRACTITIONER)

Thank you all so much. I cannot put into words how thankful we are for the generous support shown to the CF community, not just with this case but with many others. Thank you all for all you do.



Piper's Angels Foundation extends the deepest gratitude for the donors, sponsors, volunteers, Board Members, Crossing For CF participants, CF clinic practitioners, program facilitators, and all other supporters that have contributed to the life changing programs of this organization that continue to have a positive impact in the cystic fibrosis community.

As we move forward into 2024, our sights are set on expanding our programs reach to empower more CF families. We will provide more support in other countries, while developing additional programs and resources that serve unmet needs of people battling cystic fibrosis. Nonetheless, we will continue to advocate, educate, and connect more people to this community so that people with cystic fibrosis feel seen, heard, and supported.

"The greatest thing in the world is not so where we stand as in what direction we are moving." — Johann Wolfgang von Goethe



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